

# UPPER SNAKE RIVER VALLEY IDOG TRANING CLUB NEWSLETTER <br> Jannary 2019 

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## January Meeting

Thursday, January 17, 2019 @ 7:00 pm
The Zone
Scent Work Classes Beginning Soon
January 7, 2019 - Novice
January 8, 2019 - Advanced
Space is limited - sign up at USRVDTC.ORG

Additional 2019 Class Information
...Coming Soon

2019 Membership Dues
You can pay online at USRVDTC.ORG

## IBRAGS



## Whitham Family

At the 4 Upper Snake River Valley Dog Training Club Scentwork Trials on December 1 \& 2, 2018:

## Tonnerre

Ch Sawtooth Tonnerre de Coolmoor SWN SBN SCN SIN SEN TKP IT TCQ (Tonnerre) out of Ch Chapparal's Dusky Bear \& Ch Drole D'Oiseau Hirondelle: Qualified for his AKC Scentwork Novice (SWN) title after earning Qualifying legs for element titles in Scentwork Buried Novice (SBN) and Scentwork Containers Novice (SCN). He went on to qualify for two legs each towards element titles in Scentwork Containers Advanced (SCA) and Scentwork Buried Advanced (SBA), plus one leg towards a Scentwork Handler Discrimination Novice (SHDN) title by sniffing 10 boxes, to find the correct box containing his Daddy's sock.


## Moqui

BISS GCH Ch Starlytes Keto Golden Girl CGC SBA SWN SBN SCN SIN SEN TKA TCQ NTD ME-E (Moqui) out of Can Am Ch Gabizos du Picourlet \& Ch Chaparral's Winocq: Quaified for her first Advanced Scentwork Element Title in Buried after earning Qualifying legs in Scentwork Buried Advanced (SBA). Moqui also earned qualifying legs towards element titles in Scentwork Containers Advanced (SCA) and Scentwork Interior Advanced (SIA).


## Éclair

Chaparral's Sawtooth Éclair SBN SCN SIN (Éclair) out of Can Am GCH Gabizos du Picourlet \& Can Am Ch Chaparral's French Tryst: Éclair was our Little Moppet Rock Star this past weekend. We are so proud of her. In her very first Scentwork Trial weekend, she earned Qualifying legs for titles in Scentwork Buried Novice (SBN), Scentwork Containers Novice (SCN) and Scentwork Interior Novice (SIN). On Sunday she also took High in Trial Novice at both trials, by qualifying in all 3 elements offered.


## Member Spotlight



Tell us a bit about yourself. (where you're from, what you do, your family, etc.)
I was raised in Alameda California, a small island in the San Francisco Bay. We were a 15 minute drive to San Francisco and 15 minute drive to the Oakland hills with miles of forests and the island has fun beaches with views of the entire Bay Area. Growing up I was a fish! I had an interesting career working as an accountant in Utah and California for a variety of companies including the Airline, Publishing, Movie Production and Food industries. I raised my two sons mostly in Provo Utah and since my sons were still living at home in their early 20's, I "ran away from home" in 2005, moving back to California due to a professional opportunity (yes there is a story there). I retired from accounting in 2010 having spent 30 plus years counting beans. This occurred as I moved to Idaho to help my parents; then in their 80's who were facing failing health and needing some help. Our family now includes two daughters-in-law and two adorable grandsons.

Share a random fact you learned recently. ?
It is possible to quilt without looking at the fabric!

Gardening and newly quilting.

People would be surprised if they knew this about you.
I've lived in 4 states (visited 42) and 3 countries (visited 11).

If you could plan a vacation anywhere in the world, where would you go?
It's not so much the where but the who and if I could plan a vacation is would be with my family together.

## What is one item you cannot live without?

My spectacles - sadly can't leave home without them and now-a-days can't even do dishes without them!

What do you consider your greatest accomplishment to date?
My sons! They are both good, kind, smart men who are in healthy, loving relationships!

## Android or iphone?

Andriod

What is your favorite book?
Wild Swans

## What is your favorite food?

Shrimp

Have you always had animals? / How did you come into dogs/dog training?
Mostly. I found training trying to learn how groom my Portuguese Water Dog puppy. To take the class I had to first join the PWD Breed Club and then found we could play together in the water at the club training events! Tristan was my first PWD, first purebred and first dog I got just for me. He loved the water and playing in the water. Friends I met in the water training groups encouraged us to try other activities like agility and obedience. Which we finally did in 2012 with Tristan and ZuZu.

## How long have you been a part of USRVDTC?

I think 4 years.

## What is your favorite part of being a member of USRVDTC?

I like the focus on partner centered training and the performance events they sponsor.

## Tell us about your dog(s).

ZuZu is 8.5 and a joy. She loves agility and is much better at it than I am! If she is worried about something her first response is not to try, I didn't want her to be forced into something so when she developed a fear of boats it took 2.5 years to work with her to overcome this fear. She had a similar issue with standing in the ring (obedience - confirmation, etc.) and we worked for 4 years to help her overcome this. She has shown such courage this year in earning both her Obedience Novice and Rally Advance-Excellent titles; both which require standing.

## What is your favorite part of training?

When the light comes on for my dog and she/he understands what is wanted and then chooses to do it, well it is a great feeling!

## Do you have any favorite success stores or breakthrough moments in training?

Rowboats are used in all Water Competitions. When ZuZu became afraid to go into the water if a boat was present I had to find a way to help her. Since I don't have a boat I built a table on stilts which could go out in the water and whose top looked like a boat. We worked with this throughout one summer. The first time she swam out to the "boat" and climbed up onto the top by herself was a total kick!

What is your favorite tip for someone wanting to get involved with dogs/dog training?
Know what you are looking for and break this into smaller pieces. Make each part a game, which your dog can always win. When growing your pieces remember the three D's - Distance - Duration Difficulty. As you move forward and increase one of these you may well need to reduce the other two a bit to help your dog be successful - when she/he is confident then increase again.
What is the best piece of advice you have ever received regarding dog training?
First and foremost my dog needs to trust me and believe I will always be there for her/him - perfect or flawed - win or lose. We are friend's first and training partners second.


# Strawberry Banana Dog Treats 

1 egg<br>$1 / 3$ cup peanut butter*<br>1 cup flour<br>$1 / 2$ cup quick oats<br>1 banana, mashed<br>5 ripe strawberries, finely diced

## Combine all ingredients

Roll out to about $1 / 4$ to $1 / 2^{\prime \prime}$ thick and cut into biscuits
(I roll out then run my pizza cutter over rolled dough to make small squares then break apart after baking)
Bake at 300 for 20 to 25 minutes
*All Natural peanut butter without added salt or sugar is best. DO NOT use lite or sugar free peanut butter, as those may have artificial sweeteners (such as xylitol) which is toxic to dogs.

# The Art of Good Sportsmanship 

by Nannette Newbury © 2004 AKC Breed Column
"Sports do not build character, they reveal it."
Heywood Hale Broun

AKC Judge Dr. Harry Smith Jr. was once asked, "What things tend to irritate you when judging?" He responded, "It takes a lot to get me irritated in the ring when I am judging. When I do, it's usually because one of the exhibitors has been a poor sport. None of us are infallible. We do our best to render excellent judgments. When, in the eye of an exhibitor, we do not do what they think is correct, they must be a good sport about it, and go far away from the ring before they explode! Good sportsmanship is the strongest part of our dog show sport."

The principles of sportsmanship are integrity, fairness and respect; lifetime values that we generally learn as youngsters involved in athletic programs. One of reasons that sports are so encouraged for youngsters is the lifeline lessons and maturity that are developed through competition. Baseball great Mark Macquire once remarked, "If we don't teach our children the art of good sportsmanship, then how can they effectively learn to manage disappointments in their lives?"

The overt signs of good sportsmanship are showing respect for yourself, your competitors, officials and judges. Good sportsmanship takes courage and maturity. It's not easy to admit someone else has worked harder than you or has more skills or a better dog than you. Dr. John F. Murray Ph.D. Clinical Psychology feels that, "there are several factors that cause people in competitive communities to display a lack of grace and poor sportsmanship. Immaturity, an obsession with winning and faulty expectations on the part of the competitor may all contribute to this bad behavior. Dr. John says, "Some people are primarily driven to satisfy ego needs by winning at all costs. They are motivated primarily by proving themselves superior to their opponent. This ego-centered perspective is far from ideal in terms of performance and may encourage cheating and other unsportsmanlike behavior. For example, when competing against a similarly skilled opponent, they are most threatened and may do anything to win."

Good sports are gracious and generous winners. They acknowledge a win without humiliating their competitors. They are humbly proud of their success and still find ways to compliment others in their class. When it comes to losing, people who are good sports immediately and willingly congratulate the winner. They accept the outcome of the class without complaint and without excuses. Most professional athletes rarely adopt a "win at any cost" attitude. More likely you will hear them profess their love of the sport and the personal
satisfaction and enjoyment they derive from it. Good sports know how to play fair and have fun while doing it. Good sports lead by example.

Dr. John says, "Contrasted with the ego-centered (competitor) is the person who strives to improve - to raise their skills to the highest level possible - in short, to compete with oneself. This is a much better approach to competition, because it challenges rather than threatens. There is much less fear of failure and when the competition heats up, these players are challenged even more to display higher skill. They have better long-term results and may have to carry much less baggage than the ego-driven (competitors) who develop a reputation of playing dirty. Rather than needing to own every opponent, these skill-focused competitors are driven to perform to their highest level possible. This keeps motivation high and encourages (positive) competitiveness regardless of the challenge." In fact, by focusing on ourselves, our dogs and our skills as handlers and competitors we may learn to appreciate the fine work of those that we are competing against. Self-observation will also enable us to nip any unsportsmanlike thoughts in the bud, before we express them. As Knute Rockne once proclaimed, "One man practicing good sportsmanship is far better than fifty others preaching it!"

Dog Show Sportsmanship Checklist:
Abide by the rules of the game
Avoid arguments
Give everyone a chance to compete fairly
Always play fair
Follow the directions of the judge
Treat your competitors, officials and judges with respect
Offer encouragement to all
Accept the decision of the judge
Win without gloating
Lose without complaining
Do not participate in Internet bashing
Do not tolerate poor sportsmanship in yourself and others
Exercise self control and lead by example

It seems we may need reminders to maintain our awareness of the importance of preserving the basic human value of sportsmanship, lest sportsmanship become a lost rat. Unless we remind ourselves of the essentials of sportsmanship, they will generally fade, as have other values in our society.

## Winter Training for Your Dog

Whether you frown or smile when snow falls, you have to remember your beloved dog(s) during winter months. With a few simple tips, you can keep your dog happy, healthy and training momentum strong even when life is thrown off by frigid temperatures.

Health and safety are priority. Many Chicago residents live without a yard. However, if you are fortunate enough to have a fenced-in area, your dog belongs inside. Dog have fur coats but can get frostbite and hyperthermia just like we can. If you love your dog, keep him or her inside where it's warm.

If your leash walking is still a bit dicey, get a harness. There is no shame in using a tool to prevent pulling when you could easily lose your balance on icy sidewalks. Consider some traction enhancing devices so you do not fall, with or without your dog.

Older and small dogs and those with short fur easily become cold. Shorten your normal walks and play games inside to burn energy. Change it up, your dog will get bored if you play hide 'n' seek EVERY night.

Coats are great to keep pooches warm but booties can often feel weird to dogs. Take a couple minutes each daywhen you are not going outside to put booties on, reward. Take booties off, reward stops. This creates a positive association with dog boots. I personally like paw protecting spray PawPro but my neighborhood is not peppered with asteroid-sized salt chunks.

Prevent cabin fever destruction. Many young dogs are lovely at home because they get plenty of exercise. Cold weather can make that much more difficult and unfortunately, energy does not go away because it is freezing outside. Rather than giving your dog the opportunity to exhaust himself by chewing up your couch or digging holes in your floor, give him an appropriate job:

- Practice "stay" daily. It may sound silly but, doing focus work is very relaxing for dogs and can help tremendously with behavioral issues.
- Work on leash walking. Yes, inside. Leash walking is hard work and if you have not mastered it outside (where you are competing with trillions of distractions), use cold weather days to improve your handling and ability to communicate to your dog while moving. Even in small spaces, practicing a few steps of good leash walking behavior can truly help when you can make it back outside. You can also place toys and treats a few feet away to add distractions. Be fair, if the distraction is too close you'll simply be dragging your dog away from items and that is not training.
- Teach tricks! Learning a new skill, fun or serious, is an amazing way to bond with your dog and have fun inside!
- Old favorites like "go to bed" and "drop" are always great to practice and will pay off when you have friends over for a cookout or compete again with trash on the street.

You can still train behavioral issues. A lot of my clients with dog and people selective dogs want to postpone training in the winter. It can truly be a detriment to lose that momentum. However, when it is too cold to work outside and there are no people or dogs around to practice; you can still teach your dog incompatible behaviors with beings that cause aggression or fear. Using sounds at a low volume, introducing a life sized model (dog or human) or movie standee at a distance can help keep fretful behaviors at bay. I often hear that folks give up inside because the dog "does not care". That is precisely why you should keep training, to reinforce not caring. If your dog retreats, tucks his or her tail, trembles, lunges, barks or growls; you are no longer training but forcing your dog endure to what bothers him or her most. Reduce the volume or move the fake person or dog further away to practice new skills and reinforce calm, sweet and happy behaviors that you would like to see if it were a real dog or human.

Potty training may suffer, plan ahead! If your dog has only done his or her business on grass, snow is a much different surface so your pup may be confused at first. Keep going to the same spot and when your dog sniffs, praise him or her. It may take a little longer than normal so stay in that spot for a few minutes. If you get no action and it is a time of day your dog does pee or poop; you can not let your dog wander around the house. Sniffing and moving on a full bladder will make your dog relieve himself in the house, then it becomes a habit. Potty training in the winter is miserable but taking your dog out every couple of hours, praising and treating for all business outside AND limiting freedom to prevent accidents will teach your dog where and when to go. If you have a small dog, you will need to shovel an area so you pup can easily walk and squat.

It only takes a little planning and a bit of a schedule change to keep your dog well behaved even in winter months.
(This article is from barkerbehavior.com)

