

## UPPER SNAKE RIVER VALLEY DOG TRAINING CLUB

## President

Nicki Bowden
208.709.7914

Nedwob88@gmail.com
Vice President
Layla Johnson
262.247.5151
mattpaul@gmail.com
Treasurer
Suzanne Belger
208.521.8872
desertmtnmalinois@gmail.c
om
Secretary
Lacey Moon
208.520.6500

Philandlaceymoon@hotmail .com

Board Members
Lucien Frederick (1 year)
208.403.6977

Lucienir2@msn.com
Marilynne Manguba (2
years)
208.221.5142
marilynnem@gmail.com
Melissa Meyers (3 years) 208.520.8481
melissameyers@cableone.n et

## Newsletter Editor

Desirae Chase
chasede@d93mail.com

## Upcoming Agility Trials

The USRVDTC April trial premium is available at www.usrvdtc.org
*Please consider volunteering to maintain your active membership and to support members competing.

The PKC May trial premium is available at https://www.pocatellokennelclub.org/
PKC will be offering an ACT test for those interested.

## CGC Testing

Canine Good Citizen testing will be held March $23^{\text {rd }}$ at 5:30 PM.
*Please consider volunteering to maintain your active membership and to support new dog owners on their hard working during basic obedience.


## To all of those who

 will be teaching obedience and agility classes this upcoming session.


## Fun Facts and Comic Corner



FACEBOOK. COM/OFF THE LEASH DAILY DOG CARTOONS


## From Defiant Woman to Mother of Dog Obedience Training



By Brynn White

Nov 12, 2018 / 2 Minutes
If you are a pet owner who has taught your dog to sit, stay, heel, or perform any manner of tricks, you owe it all to Blanche Saunders.

Poodle breeder Helen Whitehouse Walker became taken with the Obedience trials she saw conducted in England in the 1930s. She soon committed to establishing the practice in America, hosting her own informal events on her estate Bedford Hills in Mount Kisco, New York. Walker fatefully met Blanche Saunders in 1934 on a farm, where she and her apricot standard Poodle Tango of Piperscroft came to visit the promising applicant of their Rural New Yorker job posting for a kennel maid. Saunders, who had graduated from Massachusetts Agricultural College with majors in animal husbandry and poultry raising, reasoned that she "must have been getting a little bored with heavy animals," and had enjoyed teaching one employer's Boston Terriers to balance tennis balls on their noses.


With her Poodles in Saunders's very capable hands, Walker concentrated on convincing the American Kennel Club to acknowledge Obedience as a competitive field. Following this 1936 accomplishment, she and Saunders set their sights on the American public. Most famously, in 1937, they remodeled a Buick to fit three dogs in the backseat and hauled a 21 -foot trailer across 10,000 miles in 10 weeks to perform demos.

This was at a time when two women traveling alone with a bunch of equipment, much less canine companions, was a most unconventional sight. Recalled Saunders, "The ringside was crowded as everyone was anxious to see the 'two crazy women from New York with the trick Poodles,'.. People were enthusiastic and their applause lavish. Part of this may have been due to the Poodles' fancy hairdo, but in much greater part it was due to the thrill of seeing [dog] Carillon Epreuve work in Obedience."


Saunders became the face of dog obedience as it swiftly grew in popularity. She conducted demonstrations in Rockefeller Plaza and at Yankee Stadium, before a crowd of 70,000 . Her book Training You to Train Your Dog, first published in 1946, was a stalwart bestseller well through the 1970s; it was followed up by nine
more books, in addition to six widely dispersed black-and-white educational film reels by the same name. For many years she ran The Carillon Poodle Shop in Manhattan's East 50s, taking lunch with a sandwich in one hand while still clipping a dog with the other, teaching night courses in dog-training over a portable microphone throughout the region. She was known for her low and husky voice - seldom raised in anger, only in a subtly annoyed "My goodness sakes!" - and instinctive sense of how any dog would behave in any given situation. Quietly imposing, she was said to fear a dog bite like that of a mosquito.

She was the subject of an extensive profile in The New Yorker in 1951, and it is likely that any dog owner from the era would recognize the iconic instructional photos gracing Saunders' books and
 magazine features. How poignant to try to imagine a world in which dog-training was an unfamiliar concept.

Originally published in AKC Family Dog.
(All images courtesy AKC Archives)

## These 3 Recent Studies Radically Change What We Understand About Dogs



## AYLIN WOODWARD, BUSINESS INSIDER

7 SEPTEMBER 2020
It often seems impossible to know what's going on in Fido's head as he lounges on his dog bed.

But a handful of new studies offer surprising insights about how our canine companions age, perceive human speech, and find their way home.

A study published last month showed that dogs understand verbal communication just like we do: They parse out tone then meaning as separate aspects of human speech.

Dogs may also use Earth's magnetic field like a compass to find their way home, other recent research revealed.

And another study published this summer found that puppies age much faster than older dogs do: which means you're probably underestimating your dog's human-age equivalent.

Taken together, these recent discoveries may change how you understand your pet.

## We've been underestimating our dogs' ages

Dogs live an average of 12 years. Human life expectancy, by contrast, is at least five times that, which is why many people go by the common rule of thumb that one "dog year" is equivalent to seven "human years."

But that one-to-seven ratio is wrong, researchers found it's a misunderstanding of how dogs' ageing processes compare to those of humans. Instead, according to a July study, genetic evidence suggests that Labrador puppies and other young dogs age faster than their older counterparts.
"What's surprising is exactly how old a 1 -year-old dog is: it's like a 30 -year-old human," Trey Ideker, a co-author of that study, said in a press release.

But after that first year or two, dogs age more slowly as time passes - or rather, their cells do. So for each year older a dog gets, the corresponding increase in "human years" gets smaller. A 12-year-old Labrador is 70 human years old, the study found.

Ultimately, in order to calculate your dog's human-age equivalent, you'll need a calculator. The researchers' formula is: A dog's human age $=16$ ln * your dog's age + 31. (The In refers to the natural log of a number.)

## Dogs understand speech in the same way we do

When humans hear someone speak, our brains divide the work of processing that verbal communication between the left and right hemispheres. First, the right hemisphere focuses on parsing out the speaker's underlying tone, then the left hemisphere processes the meaning of what we've heard.

Researchers discovered in 2014 that dogs' brains divvy up the task of speech processing in the same way, between their left and right hemispheres, though the scientists weren't sure of the order in which that happened.

The recent study, however, found that dogs understand tone first, then meaning, in the same order humans do. The authors examined the brain activity of 12 pet dogs - six border collies, five golden retrievers, and one German shepherd - using a functional magnetic resonance imaging (fMRI) machine.

They had the dogs listen to known praise words like "clever," "well done," and "that's it," as well as unknown words like "as if" and "yet" in both praising and neutral tones. The data showed that the dogs processed "simpler, emotionally loaded cues" like tone first,
then "more complex, learnt cues," Attila Andics, one of the co-authors, said in a press release.

## Dogs use the magnetic field to navigate

Dogs have an uncanny ability to find their way home using their sense of smell. But that's not the only navigational tool at their disposal: Pups can also orient themselves using Earth's magnetic field, according to a June study.

Birds, whales, and dolphins also use the same sixth sense, called magnetoreception, to plot their long migrations.
"The magnetic field may provide dogs with a 'universal' reference frame, which is essential for long-distance navigation, and arguably, the most important component that is 'missing' from our current understanding of mammalian special behaviour and cognition," the authors of the recent study wrote.
The researchers used GPS trackers to study how 27 dogs navigated over the course of 662 expeditions between 2014 and 2017 in the Czech Republic. They chose hunting breeds like terriers and dachshunds, which are trained to find prey like foxes in dense woodlands, then find their way back to their owners.

The researchers found that after the dogs were released into the woods, the animals typically retraced their steps back to their release point by following their own scent.

But in one-third of the expeditions, the dogs took a different way home: On those trips, most of the dogs started off by running for 65 feet ( 20 metres) along Earth's north-south axis - even if the direction of their destination didn't align with that orientation.

This "compass run" helps the dogs figure out where magnetic north and south are, and where they are in relation to those points, according to the study authors.
"This run is instrumental for bringing the mental map into register with the magnetic compass and to establish the heading of the animal," they wrote.

Kateřina Benediktová, one of the study authors, told Live Science that unlike hunting dogs, a "human would most probably get lost without a compass and a map if roaming over comparable distances in unfamiliar forested areas."

# CBD Oil for Dogs: What You Need to Know 

By AKC Staff
Sponsored by Innovet Pet ProductsFeb 24, 2021
As with any pet wellness trend, when it comes to CBD oil for dogs, there's a lot of information floating around the internet, and it's difficult to know what's accurate and what's exaggeration. Of course, you want to do what's best for your pup, which leads to the question: What do I need to know about CBD oil for dogs?

The AKC's Chief Veterinary Officer, Dr. Jerry Klein, explains what CBD oil is, what it does for dogs, and its safety concerns and potential side effects.

## What Is CBD Oil?

CBD, or cannabidiol, is a compound found in cannabis and hemp. Dr. Klein says it is essential to note that in most cases, CBD oil does not contain delta-9tetrahydrocannabinol (THC), the compound that gives marijuana its psychoactive properties. In fact, most CBD products are derived from hemp and not from marijuana.

## How Does CBD Affect Dogs?

Currently, there has been no formal study on how CBD affects dogs. What scientists do know is that cannabinoids interact with the endocannabinoid receptors located in the central and peripheral nervous systems, which help maintain balance in the body and keep it in a normal healthy state.

## What Dog Health Problems Can CBD Oil Treat?

While there's no definitive scientific data on using CBD to treat dogs, there's anecdotal evidence from dog owners suggesting it can treat pain, especially neuropathic pain, as well as helping to control seizures.

According to Dr. Klein, CBD is also used because of its anti-inflammatory properties, cardiac benefits, anti-nausea effects, appetite stimulation, anti-anxiety impact, and for possible anti-cancer benefits, although there's no conclusive data on this use.

The AKC Canine Health Foundation (CHF) is sponsoring a study through the Colorado State University's College of Veterinary Medicine and Biomedical Sciences to evaluate the use of CBD in treatment-resistant epileptic dogs. The CHF hopes that this will be the first study to gain scientific data on the use of CBD in dogs with this condition.

## Possible Side Effects of CBD in Dogs

While there's no scientific data on the side effects of CBD usage for dogs, there are potential side effects based on how CBD affects humans. To minimize any potential side effects, make sure you are following the proper dosage.

- Dry mouth: Research has shown that CBD can decrease the production of saliva. For dogs, this would manifest as an increased thirst.
- Lowered blood pressure: High doses of CBD have been known to cause a temporary drop in blood pressure. Even though the drop is small, it might create a brief feeling of light-headedness.
- Drowsiness: Dog owners have used CBD to treat anxiety. The calming effect of CBD can also cause slight drowsiness, especially when using higher doses.


## Risks of Using CBD Oil for Dogs

The safety and risks of using CBD for dogs have not yet been researched. The U.S. Food and Drug Administration has not approved CBD and has not issued a dosing chart. Therefore, we do not know what size dosage would be toxic. Any medication or supplement carries the risk of a reaction. It is always advisable, when giving your dog something new, to start out with small amounts and then closely monitor the effects. And always check with your veterinarian first.

## CBD Products on the Market

If you and your veterinarian decide that you should try CBD as a treatment for your dog, there are a few things to keep in mind when purchasing CBD oil. Not all oils are the same; you'll want high-quality CBD oil to have a better chance of it working.

- Look for organic. If the CBD oil is not organic, it at least should not contain pesticides, fungicides, or solvents.
- Don't only shop based on price. Higher quality and purity are usually associated with a higher cost. A cheaper option could contain toxic substances such as pesticides, herbicides, or heavy metals. Make sure your CBD oil is free of additives.
- Get the analysis. The manufacturer should provide a certificate that certifies the amount of CBD that is in the product. Many CBD products contain only small amounts of CBD. You'll also want to make sure there is little or no THC in the product.
- Buy CBD as a liquid. You can buy dog treats containing CBD, but the best form to administer is an oil or tincture. This way, you can adjust your dog's dose drop by drop.


## The CBD Wellness Trend

Why are we hearing so much about CBD oil now? Dr. Klein points to the legalization of marijuana in many places, which has triggered interest in potential health benefits of marijuana-related products. "We are likely to see continued interest in CBD and an increase in research about its uses and efficacy in the coming years," he says.

## USRVDTC BOARD MEETING MINUTES

Meeting Date 2/18/2021
The regular monthly board meeting of the Upper Snake River Valley Dog Training Club was called to order by President, Nicki Bowden , at 7:09p.m., on Thursday, February 18,2021 at the 4 H classroom.

Previous Board Minutes Read/Dispensed: Last board meeting posted in the newsletter
Motion by: Suzanne Belger
Seconded by: Layla Johnson
Board Members Present:

| Suzanne Belger | Melissa Meyers | Nicki Bowden |  |
| :--- | :--- | :--- | :--- |
| Lacey Moon | Marilynne Manguba | Layla Johnson | Lucian Frederick |

Report of President: None
Report of Vice President: None
Report of Secretary: None
Report of Treasurer: Report held for regular meeting
Report of Committees: None
Unfinished Business: None
New Business: None
Motion for Adjournment: Suzanne Belger
Seconded by: Lucian Frederick
Time Adjourned: 7:10pm

## USRVDTC REGULAR MEETING MINUTES

Meeting Date February 18, 2021
The regular monthly meeting of the Upper Snake River Valley Dog Training Club was called to order by President, Nicki Bowden, at 7:11 p.m., on Thursday, January 21, at the 4H Building, in Idaho Falls ID.

Members present (for Board meeting and regular meeting)

*Via Zoom
Introduction of Guests/Visitors: Silvana (Vee) Scott, Casey Simmons
Minutes of Previous Regular Meeting Read/Dispensed: Printed in Newsletter
Motion by: Marilynne Manguba to accept minutes as printed in newsletter
Seconded by: Desirae Chase
Report from the Board Meeting: Motion to suspend since everyone was here by Suzanne Belger. Lois Olson seconded.

Report of the President: None
Report of the Vice President: We are on the schedule to meet at the 4 H building for regular meetings through May then we'll go to the park (weather permitting).

## Report of the Secretary: none

Report of the Treasurer: Income YTD \$2632.73 - mostly due to membership fees and classes. \$103,467.32 Total . Treasurer's report was sent around room and filed with minutes.

## Report of Committees:

Obedience -Suzanne (reporting for Heike)- CGC on March $23^{\text {rd }}$. When are we starting April Classes? - A discussion was had and it was decided to begin on April $21^{\text {s }}$. Obedience Classes move to Wednesday. We'll offer: Puppy Class, 2 Basic Obedience, Advanced Basic Obedience, and Intermediate. We will need 5 teachers. If you want to sign up to teach contact Heike. Teaching classes counts toward membership requirements. LaDawn Moad is checking on having the classes at Sandy Downs rather than at Tautphaus so we can leave the trailer, not have competition for space at the park and fewer loose dogs.

Agility - Our April trial is April $16^{\text {th }}, 17^{\text {th }}$ and $18^{\text {th }}$. So far is still slow in response. We need more entries! Applications are in and approved for April. Carl Friedrich went to an agility trial in Star last weekend. He said it was well attended, so people are wanting to compete. We just need them to sign up. Agility classes on Tuesdays beginning April $20^{\text {th }}$ at Sandy Downs if possible.

Scent Work -Nicki- Our scent trial still on for June at the Blackfoot Cluster at Blackfoot Fairgrounds. Judging panels have been submitted. Premiums will go out by April. 6/17-6/20. They'll have obedience, agility and confirmation in addition to scent (which we're running).

## Unfinished Business:

Lucien Frederick - Handed out awards -plaques and hangers.

## New Business:

Nicki Bowden - Any Ideas for seminars this year? It may be another year because many people aren't traveling. If you have any ideas for seminars email them to Nicki.

Special Announcement: Carl Friedrich will be going to AKC Nationals for Agility in March 27-29 Tulsa, Oklahoma!!
Membership Applications Read/Approved: Silvana Scott and Jennifer Evans were voted into membership. WELCOME!!

Motion for Adjournment: Marilynne Manguba
Seconded by: Desirae Chase
Time Adjourned: 8:05pm
Location of Next Club Meeting: TBD

