## UPPER SNAKE RIVER VALLEY DOG TRAINING CLUB

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NOVEMBER NEWSLETTER 2022

## Nov. General Meeting Nov. 17 ${ }^{\text {th }} 7: 00 \mathrm{PM}$ @ Plum Loco

## Upcoming Trials <br> USRVDTC Scent Work Trial Dec. $3^{\text {rd }} \& 4^{\text {th }}$ Bonneville County 4-H Building

## Sunday Self-Guided Practices

These practices are a great way to keep working on things through the winter. November 6 and 13, December 11 and 18, and January 8, 15, 22 and 20 . These practices will be at the 4 H
building from 12:00-2:00.
Pay in advance - $\$ 80$
Drop in and pay - $\$ 15 /$ session

## Scent Work Seminar

November 18, 19, \& 20 with Natalie Morris \& Cameron Ford. Please visit USRVDTC.org for more information.

## Club Member of the Year Nominations

## Carl Friederich

I would like to nominate Carl Friederich as Club Member of the Year. Carl joined USRVDTC in 1974, 48 years ago! He has been an integral part of our club for all those years. He is currently our equipment manager and he does an amazing job! He studies AKC rules to make sure we have the correct equipment when changes are made. He repairs our competition and practice equipment whenever necessary.
Carl maintains and stores our timing equipment for Agility, always shows up to help set up for our many trials, and is one of the first to arrive and last to leave at agility trials where he can always be seen building courses.
This year, after pulling the Agility Trailer back to storage from our trial, he replaced a tire and front jack once he noticed they were in need of repair. He does everything he can to keep all of us and our dogs safe.
Carl is always willing to offer suggestions and advice on all aspects of dog training and I'm so grateful to have met him. He is an amazing example to us all!- Anonymous

## Alicia Thompson

I would love to nominate Alicia for the club member of the year. She is always trying to help new members and old members. Alicia is passionate about agility and it is contagious! She is positive and carrying. -Mira Johnson

## Mira Johnson \& Jimmie Bell

I am proud to nominate Mira Johnson and Jimmie Bell for club members of the year. With their interest in all aspects of dog training the have become great assets to the club. They helped with agility classes and stewarded at the agility trials. During our tracking test, they volunteered to be tracklayers even though they had never seen a tracking test. They are eager to learn and are not afraid to ask questions. USRVDTC is fortunate to have members like Mira and Jimmie. -Cheryl Loomis

## LaDawn Moad

I would like to nominate LaDawn Moad as club member of the year. LaDawn is our trial chair for BOTH the April and October agility trials which is a HUGE task. Behind the scenes, LaDawn is coordinating events and entering them with AKC, acquiring and taking care of judges' hotels, lunches, car rentals, etc., booking the facility and porta-potties, putting together a committee and organizing volunteers, getting the premium put together and sent, ensuring all the equipment arrives to the facility, and ensuring all six days run smoothly. We are lucky to have a person like LaDawn to chair these two trials for us.- Anonymous

## Nicki Bowden

I would like to nominate Nicki Bowden as the 2022 Club Member of the Year! Nicki has served as our club president for several years, always going above and beyond. She is one of the first members to arrive and the last member to leave at every event that our club sponsors. She has taught at least one class every session this year as well as been our CGC evaluator at all of our CGC tests. She is truly Club Member of the Year!Anonymous

## Richard Brizzee

I would like to nominate Richard Brizzee as the Club Member of the Year. He has been a great agility instructor, mentoring new agility enthusiasts. He has done an outstanding job as our CGC coordinator ensuring that all tests are successful. As our club vice president he has done a super job of planning a terrific summer picnic and Christmas party that we will all enjoy!- Anonymous

## Board Nominations for 2023

President - Nicki Bowden
Vice President - Richard Brizzee
Secretary - Lacey Moon
Treasurer - Suzanne Belger
3 year board member - Marilynne Manguba
2 year board member - McKayla Summers

## Winter Classes

Classes will begin again on February 7 - Note we are switching to Tuesday night next year. If you are willing to teach a class please let Nicki (nedwob88@gmail.com) or

Heike (bayernzinze@aol.com) know. Once we know what classes we can offer we will announce and get them posted online.

## Plaques and Hangers

If you are an active member AND your dog has earned an AKC title this past year, please fill out the form at USRVDTC.org (go to members-plaques \& hangers) Deadline is Mon. Nov. $28{ }^{\text {th }}$

## Christmas Party

Dec. $10^{\text {th }}$ 6:0oPM at Valerie Hall (Next to North Highway Café)
RSVP to Richard by Dec. $2^{\text {nd }}$ richbriz@gmail.com
\$22 a person -online payments are preferred
BYOB or wine (no liquor) Ugly Sweater Contest Gift Exchange (\$20)
Roast Beef (Hand Carved) Broasted Chicken Water \& punch
Mashed Potatoes w/ brown \& cream gravy
Dinner Salad Fresh Rolls \& Butter Homemade country cakes


## Brags



At our Halloween Agility trial,

Alicia Thompson and Harley finished their Master Standard Title and got a Double Q.

Mira Johnson and Bella got a leg in FAST, 2 legs in Novice Standard, and 3 legs in Novice Jumpers earning their Novice
Jumpers title!

Charlie and Desi earned their standard open title


## ***NEW*** <br> TRAINING CHALLENGE OF THE MONTH

This month's training challenge is "off."


## How to Stop Your Dog From Jumping Up on People

By Stephanie Gibeault, MSc, CPDT

Jumping up on people is a natural canine behavior. Dogs get to say hello face to face when they jump and even better, it's guaranteed to get attention. However, from a human point of view, jumping to greet is annoying and dangerous. Dressy clothes can get soiled by muddy paws and people can be knocked over, especially seniors and children. It's more polite and far safer to teach your dog to greet people appropriately.

Why Dogs Greet by Jumping
Dogs repeat behaviors that earn them rewards. And few things are more rewarding to your pet than your attention. Similarly, other family members, visitors, and strangers can all reinforce the behavior too. Even negative reactions like yelling at your dog or grabbing their paws are still attention and can reinforce the behavior. For many dogs, pushing them away is simply part of a wrestling game.

To eliminate jumping from your dog's greeting repertoire, you need to eliminate the associated rewards. That means managing your dog so they don't get the chance to practice jumping while you teach them an alternative and more appropriate way to greet people.

## How to Train an Alternative Greeting Behavior

If you ignore your dog when they jump, theoretically their jumping behavior should eventually stop. After all, it's no longer being rewarded. However, every person you encounter in your home or on the street isn't going to know those rules. And even worse, that's incredibly frustrating for your dog. They need to be taught what to do instead.

How you want your dog to greet people is up to you. You might simply want all four paws on the floor, or you might want your dog to sit or lie down. But remember, you need to tell them what TO do, not just what NOT to do. For example, sit for greetings is an easier rule than don't jump.

## How to Train Four on the Floor

You can teach your dog to keep all four paws on the floor when they greet people by placing treats on the floor during greetings. The idea is to prevent your dog from jumping by rewarding them before they can even think about leaving the ground. The following steps will teach four on the floor:

1. With your dog on leash, have somebody approach your dog.
2. Before the person gets to your dog, toss several treats on the floor.
3. While your dog is eating off the floor, have the person pet and greet them.
4. Before your dog is finished eating, have the person back away again.
5. After several repetitions, repeat the steps above but this time extend the greeting, continuing to toss treats on the floor the entire time.
6. Once your dog can keep all four feet on the ground, let them greet the person before you place the first treat on the ground.
7. As your dog begins to understand the rules, you can feed fewer and fewer treats until the greeting is the only reward.

The trick to this technique is being fast with the treats. You need to anticipate your dog's jumping behavior and provide the goodies before it can occur. If you're too late and the dog jumps, have the person turn and walk away as you stop feeding the dog. In time, your dog will come to realize that four on the floor brings attention and treats while jumping brings nothing.

## How to Train Sit for Greetings

Another appropriate greeting behavior is sitting for pets and hellos. Like the training method above, your dog will learn that when their bum is on the floor, attention comes their way, but when they get up, it all stops. The following steps will teach sit for greetings:

1. Tether your dog to a doorknob or piece of furniture.
2. From several feet away, ask your dog to sit. When they do, calmly approach. If they stand up, turn and walk back to your starting point and ask for the sit again. If they stay sitting, go up to them and quietly praise and pet them. If they stay sitting, keep greeting. As soon as they stand up, turn and walk away.
3. As your dog begins to understand they need to sit to get your greeting, you can make your approaches more and more exciting.
4. Once your dog has mastered sit for greetings with you, go back to step one using friends and family members.

Remember, the more your dog practices sit, the easier this exercise will be for them. There's no point in teaching sit for greetings if your dog is still struggling to sit without distractions. Sit should be your dog's way of saying please. Having them sit before going outside, getting their dinner, and so on makes sit for greetings easier to train.

## How to Prevent Jumping While You Train

While you're teaching your dog an appropriate greeting behavior, you need to manage their behavior so they don't get the chance to practice jumping. For example, if your dog has a strong "Go to Your Place" cue, you can send your dog to their mat or crate anytime the doorbell rings. Alternatively, you can place a baby gate at your entranceway so your dog can't get to visitors. Putting your dog on leash whenever guests arrive can also help you prevent jumping.

Another management trick is keeping toys and treats at the front door. You can throw the reward away from the doorway to occupy your dog's time while your visitor enters. Or your guest can use the treat or toy to reward your dog for greeting appropriately.

It can be particularly hard to prevent jumping when you're walking your dog. You can't expect strangers to know or abide by your rules. Until your dog understands appropriate greetings with friends and family, avoid greeting strangers. Instead, get your dog's attention with a "Watch Me" cue or by squeaking a toy and let the stranger walk past. When your dog is ready to try greeting people on the street, be sure to tell people the procedure. Ask them to ignore your dog if your dog doesn't follow the rules. In no time,
your dog will understand how to say hello politely whether at your front door or out on the sidewalk.

30 Days to a Better Dog


One simple suggestion per day to improve your dog's behaviour and strengthen your bond!

Have you let problematic or just plain slightly annoying behaviour slide? Or is your dog a "good dog" and so you've just stopped brushing up on training, which is really time to engage with your dog, bond, and work together? In either case, we've created a 30-day action plan of fun, doable exercises and activities that take hardly any time but can reap huge rewards where your relationship with your dog is concerned. Dive right init's just one simple suggestion per day.
\#1 Identify the top three behaviours you want to work on with your dog-say a rocksolid recall, no jumping up, and not pulling on leash-and set aside 15 dedicated minutes twice a day to work on this skill with your dog. Set a timer on your phone. Rotate which skill you're working on every day. (Find tips for working on these skills plus solving a host of other problems at moderndogmagazine.com/training)
\#2 Have you heard the time-worn adage "a tired dog is a good dog?" It generally holds true. Commit to an increased exercise schedule, even if it's just adding an extra block to your dog walk-it all adds up. Challenge yourself to a jog or a speed(ier) walk every other day. Increase your chances of sticking to it with LinkAKC's very cool Smart Collar that precisely identifies your dog's movement throughout the day (linkakc.com) and provides activity level recommendations based on your dog's age, breed, behaviour, and size to keep you motivated and inspired. Plus it's GPS feature monitors your dog's location in case he ever gets away.
\#3 Reward, reward, reward. Food is a powerful motivator. Make sure your dog stays interested in the training sessions by giving him some extra-delicious, high-value treats like Boo Boo's Best (booboosbest.com), made of wild and free range ingredients.
\#4 Keep those treats handy so that no matter where you are, you can reward your dog when he performs a desired behaviour, whether it's a "stay," a "drop it" or an excellent recall at the dog park. Co-designed with dog trainers, Doog's awesome Good Dog Treat Bag (doogusa.com) is designed to effortlessly and stylishly keep treats on hand.
\#5 Try clicker training if you've never done so before. An investment of just a few dollars lets you mark positive behaviours the second they occur, sans treats. Clicker training is excellent for trick training. Keep your clicker on your keychain so it's always on hand or download the iClicker app in the app store (free; available only for IOS).
\#6 Today you're going to make your dog work for it. Feed your dog all his dinner by hand, delivered piece by piece in exchange for running through his trick repertoire.
\#7 Engage, challenge, and bond with your dog while gaining deeper insight into how he thinks with Kyra Sundance's Dog Training in 10 Minutes a Day. Her effective, positive, and humane training methods will inspire a confident and happy dog.
\#8 Is leash pulling a problem? Upgrade your lead situation with the Otto Dog Harness (petsavvi.com). It reduces the amount of pulling force your dog can create and can be worn with or without a collar.
> \#9 Walk with purpose. Rather than just letting your dog loose at the dog park, find a friend with a well-matched dog and go for a walk together. This is an especially good activity for dogs who aren't super with other dogs. United in a common focused purpose, they can get used to one another.

\#10 Create a nose-powered treasure hunt! This activity takes all of two minutes to set up and it is super fun for dogs. Have your dog wait in another room while you hide small treats all over the house for her to seek out and find. It also let's you work on "stay" until you release your dog to find the hidden treats (you may need to enlist a helper to help your dog wait while you hide the treats).
\#11 New toyyyyyyys! Sign up for super-fun monthly subscription service like Dog Bundles (dogbundles.ca), which puts together a curated selection of toys and treats matched to your pup and delivers it to your door! What could be more delightful than opening a box of surprise goodies with your dog
\#12 If you have a fetch-aholic on your hands, gift your dog iFetch's automatic ball throwing toy (goifetch.com). Dogs can play by themselves and you can set the distance so you can even play inside.
\#13 Get out into nature, or the closest you can. Think of how mentally stimulating a new wild area is for dogs-and for you as well.
\#14 Away for the day? Keep your dog busy with a food puzzle toy. Many of us stop using Kongs and other stuff-able toys when our dogs pass from puppyhood and inappropriate chewing is no longer a problem. But peanut butter-stuffable puzzle toys, like Jolly Pets treat dispensing Monster Ball (jollypets.com) remain a great way to occupy a home-alone dog. Bring back the food-stuffed toys!
\#15 Swap out food rewards for play sessions. If your dog is crazy about tug or a particular stuffy, use that as his treat for doing as you ask.
\#16 Rotate your dog's toys so just a couple are out. Put the rest away and swap them out every week so they remain fresh and interesting.
\#17 Introduce a new trick, such as commando crawling (lure and treat) or sneeze on command (done by capturing and rewarding the behaviour). Encourage your dog's new skill acquisition will an irresistible treat, like Jiminy's Pea, Sweet Potato, and Cricket Chewy Training Treats (jiminys.com).
\#18 Free day! The absolute best thing you can do for your dog is just spend time being present with him. Bring him along on some dog-friendly errands (the pet store, the hardware store).
\#19 Grooming session. Take this opportunity to really check in with your dog and give him a head to toe once over, handling him from his feet to his ears.
\#20 Get inspired! Read Guardians of Being by Eckhart Tolle and Patrick McDonnell. This collection of witty and charming drawings celebrates the oneness of life as well as the wonder and joy to be found in the present moment.
\#21 Canine massage. This is a wonderful bonding exercise and great way to keep track of any lumps, bumps, or sore areas. Get the how-to for canine massage at moderndogmagazine.com/caninemassage.
\#22 Get your evening walk on! Reflective gear for nighttime or early morning walks keeps you seen and safe. There's something to be said for dressing the part and willing it into being.
\#23 Finally, give agility a try! Dog training centres typically offer short term beginner's courses. In Toronto, ON, All About Dogs' six week foundation skill course is just $\$ 250$ (allaboutdogs.ca). Afraid your pup won't commit? Check and see whether the facility near you offers one-time private lessons to test the waters.
\#24 Try geocaching, a high-tech treasure hunt that's the perfect outdoor activity to undertake with your dog! You'll need a GPS-enabled device like a smart phone and your dog, and that's it! There are millions of geocaches hidden around the world-there are probably some near you right now. Get started at geocaching.com.
\#25 Work on that "stay:" have your dog wait for your cue before you release him to go eat his dinner.
\#26 Give your dog a long-lasting natural chew so he can indulge his desire to chomp on something. Dogs go crazy for braided bully stick beef pizzles from Jones Natural Chews (jonesnaturalchews.com).
\#27 Make some new friends: find a breed meet up. Mixed or purebred, there's meet ups of all ilk, whether packs of Pugs or eastside dog lovers. Find your new crew at meetup.com. Here's a look at just a few of the Small Breed Dogs Meetups happening near Vancouver:

- Vancouver Dog Owner Meet-Up.
- The Small Dog Meetup.
- Teacup Pups Playgroup.
- The Burnaby Pug Group.
- Vancouver Boston Terrier Monthly Meetup.
\#28 Focused attention. Really check in with your dog instead of just running through obligatory actions. Everyone, our dogs included, bloom with this kind of consideration.
\#29 Switch up your usual walk route so your dog can get fired up over all the new sensory info, particularly the smells. The same old trudge around the block is boring for you both.
\#30 Day 30! Celebrate your improved bond and your dog's better behaviour by taking your dog on an outing that really stokes him-a nature walk perhaps, or your best friend's house or a trip to the beach. You've both earned it. Now keep up the great work! You're one of the good ones


## IMPORTANT MEETING SCHEDULE CHANGES

As approved by the board, here is the schedule for meetings moving forward.

| Board Meetings | General Board <br> Meetings |
| :---: | :---: |
| January | February |
| March | April |
| May | June |
| July | August |
| September | October |
| November | November |

## USRVDTC REGULAR MEETING MINUTES

Meeting Date October 13, 2022
The regular monthly meeting of the Upper Snake River Valley Dog Training Club was called to order by

President, Nicki Bowden, at 7:25 p.m., on Thursday, October 13th, 2022, at Plum Loco in Idaho Falls, ID.

Board Members Present:
Lacey Moon Richard Brizzee Suzanne Belger Nicki Bowden Marilynne Manguba
Members Present:
Phil Moon John Baughman LaDawn Moad Alicia Thompson Jordan French
Mira Johnson Jimmy Bell Heike Vitacolonna Steven Olson Lois Olson Shel Williams Jennifer Evans

## Frank Mason Rosha Adams

## Guests

Fred Adams Anelyse Swenson Andrew Gyorfei Tara Denholm Judy and Dennis Cartman
Minutes of Previous Regular Meeting Read/Dispensed: Printed in Newsletter
Motion by LaDawn Moad to accept minutes as printed in newsletter
Seconded by: Heike Vitacolonna
Report of the President: Winter practices posted on website. They will be November-February on

Sunday afternoons at the 4 H building. Pay $\$ 80$ for 8 sessions in advance or $\$ 15$ per session at the door.

It is open for self-guided practice and some small group work.
We cleaned out the storage units. One is completely empty and the other has items that need to
be taken to the dump. Marilynne and Phil said they would get together some time before the end of the
month and get it cleaned out.

The board approved the purchase of a new, larger scent work trailer. It was $\$ 6100$ which was under budget. It has been loaded and fits all the equipment much better than the previous trailer. The
smaller trailer is being used for tracking supplies.
Report of the Vice President: Christmas Party will be December 10 th at the North Hi-Way Café.
It will be
on the website to sign up and pay soon.
Report of the Secretary: None
Report of the Treasurer: Suzanne Belger - YTD balance of \$108,398.98 and YTD net loss of $\$ 4296.13$.

Tracking and obedience tests lost money. The loss also includes rent for the 4 H building. Reports filed
with minutes and available via email if interested in viewing.

Report of Committees:
Agility- LaDawn -The Agility Trial is October 28,29,30 at Wind River Arena in Ririe. We will set up

Thursday night at 7pm. Trailers need to be driven up and we need volunteers to help with the trial.

Everything else is ready to go.
Classes- Heike - Classes will begin the 1 st week of February at the 4 H building. They are going to be

Tuesday nights. We hope to offer 2 Basic Obedience, Puppy, and Rally. The classes will be at 5:45\&6:45.

Nicki will send out an email to get people to instruct. Registration will be on the website soon.
Tracking Test- Nichole reported via email that it was a successful trial However, there were no passing
dogs. The Judges said everything ran well and it was a good trial. We had 4 dogs and lost money.

Scent Work Trial—December 2 nd -4 th. Nicki reported that the premium is on website and everything else
is in place.
CGC Test- Richard -- The test went well with almost all the dogs passing. We are hoping to have CGCA
and CGCU at the beginning of next year.
Seminar - Suzanne -November 18-20 th . This seminar is with Cameron Ford and Natalie Morris. It is the
second part of the seminar that they did last year. It's a fantastic value for the price.
Nominating Committee: LaDawn- The committee was able to get nominations for the board together.

They are: Nicki - President, Richard - VP, Lacey - Secretary, Suzanne - Treasurer, Marilynne - 3 year
board member, Mikayla Summers - 2 year board member, (Cheryl still has 1 year left) So, the only
addition is Mikayla Summers who accepted the nomination for 2 year board member. Nichole Crossley
resigned at the end of this year because she doesn't live close anymore.
Unfinished Business: Mira Johnson asked if we could pay for trials in a different way other than cash or
a check. Suzanne said there are fees attached to all the payment apps and we can't change the premium
amount to cover the difference so we have to stick with the current method.
New Business: Nicki - Asked if there were any nominations from the floor for the board. There were no
nominations.
Nicki reminded people that we need nominations for Club Member of the Year. If you have someone to
nominate, send the nomination along with a short blurb as to why they should be Club Member of the

Year to Desi Chase or Richard Brizzee so they can be published in the newsletter and voted on by club
member.
Also, sign up for Award of Excellence on the website. This is the award given to the Club Member (and
their dog) who completed the most legs during trials during the year. Every accomplishment is given a
point value and the highest value wins.
Nicki - The board reviewed some of the things that club members had asked to change in the standing
rules.

1. Remove "hospitality committee" and "raffle chairperson". The reason behind this proposal is that
we haven't had anyone in these positions in a while and are not necessary. LaDawn - Motion to remove these positions. Jordan French 2nd. PASSED
2. Change the CGC test fee from $\$ 5-\$ 10$ for people who did not attend the obedience class. The reason behind this proposal is that while there aren't very many people taking CGC without attending a class, they do happen and this fee helps to offset the cost of the test for the club. Also,
there are several other places people can get CGC tested and they cost MUCH more money so this
is still a deal. LaDawn Motion to change the fee. Jennifer Evans 2 nd. PASSED
3. Awards - Fix the rules to state what we've been doing for several years. This is, CGC and Trick Dog
titles don't earn plaques. Club members can get the hangers for these after earning an AKC title (such as obedience, rally, agility, scent, tracking or confirmation). The reason behind this proposal is
that it costs $\$ 35$ for the plaques and our dues don't even cover the cost. Also, the plaque should be
awarded for something that is a process for the handler and the dog, not just a one -and-done test.

LaDawn, - Motion to specify in standing rules that it takes an AKC title to be awarded a plaque at
the Christmas party. Lois Olson 2 nd Lois. PASSED.
4. Awards II -Changing the awards at the Christmas party so that plaques and hangers are only awarded to active members of the club. The reason behind this proposal is there are occasions where someone doesn't participate in any club activities, meetings, or do any volunteer work but
earns titles throughout the year. We want to award people (and dogs) for their accomplishments
along with their participation in the club. LaDawn - Motion to change the awards at the Christmas
party to only active club members. Alicia Thompson 2 nd. PASSED.
These changes will be posted to the website.
Jordan and Richard - In the summer picnic we are going to add: Dog of the Year. They'll put information
in the newsletter and we'll try it next summer.
Membership Applications Read/Approved:
Voting of new members: Anelyse Swenson
Applicant was unanimously voted into membership.
Welcome to Anelyse!
Read: Chad Mitchell (Bandit) Judy Hartmann/Dennis Hartmann(Quinn) Tara Denholm (Scottish Deerhounds) Austin Messick/Caitlin Messick (Moose, Tricks) These will all be voted on next month.

Motion for Adjournment: Phil Moon
Seconded by: LaDawn Moad
Time Adjourned: 8:18 pm
Location of Next Club Meeting: November 17 th at Plum Loco

