



# UPPER SNAKE RIVER VALLEY DOG TRAINING CLUB



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[www.USRVDT.org](http://www.USRVDT.org)

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## MARCH NEWSLETTER 2024

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### March Board Meeting

March 21, 2024 at 7PM  
Papa Kelsey's on 17<sup>th</sup> Street

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### Scent Work Trial

March 2 & 3, 2024

### Our Classes Begin

March 6, 2024

### Patty Biggins Seminar

March 29 & 30, 2024

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**If you attend any practices, plan to  
attend the entire time. You should be  
there to set up and take down.**

# How Many Treats Can Your Dog Really Have?

By [Anna Burke](#)

Published: Feb 07, 2023 | 4 Minutes

As a dog owner, I frequently come across the 10-percent rule. It sounds simple. “Treats should not make up more than 10 percent of your dog’s diet,” say veterinarians everywhere.

I’ve quoted this so many times I’ve lost count, but then, as I was in the middle of a training session with my dog, treat bag full of tiny treats, I had a crisis of faith.

What does 10 percent of a dog’s daily diet actually mean?

## It’s All About Calories

It is easy to make general assumptions about quantity. When it comes down to calculating 10 percent, I realized I did not know exactly how to do it.

The answer is in the calories, much like many human dietary plans. Unlike humans, however, the sheer range in size between dogs means that you can’t fall back on a solid number, like the 2,000 daily calories most human nutritional labels use. This means you will have to come up with that number yourself.

[Your dog’s food bag](#) should tell you the number of calories in your dog’s food (based on your dog’s weight). But as you check it, you may notice that the caloric content is measured in kcals, not the same calories you are used to seeing. This is often confusing. Scientifically speaking, a kcal is a kilocalorie, or 1,000 calories. Dog food manufacturers, however, must have figured out that “kcal” doesn’t roll off the tongue the same way “calories” does, because the calories found on food packages are actually kcals.

In other words, when your dog’s food says: 364 kcal/cup, it just means 364 calories per cup. Normally, 364/kcal would be equivalent to 364,000 calories, but in this case, “kcal” and “calories” are used interchangeably.

If your dog’s food does not tell you the number of calories per cup, you have to do a little more research, like calling the company and asking your veterinarian what your dog’s total daily caloric intake should be.



## Counting Calories in Dogs

Now that we've cleared that up, let's get down to the math. Figuring out 10 percent of your dog's daily diet requires first figuring out how many calories your dog consumes each day. According to the package feeding instructions, let's say I feed a senior [German Shepherd Dog](#) four cups of Hills Active Longevity a day and my veterinarian approves of her weight. That's 1,456 calories a day.

Ten percent of 1,456 is 145.6, which gives me, at last, a number. Unfortunately, I still had questions. Was this the number of calories I could feed *on top of* my dog's four cups of food, or did I have to adjust her food to make up for these calories?

The answer, according to veterinarians, requires a little more math. While your veterinarian is the best resource for calculating the amount of treat calories you can feed your dog, in general, most of the veterinary articles I read suggested that treats should not make up more than 10 percent of your dog's total diet, and that diet includes [treats](#) and snacks.

In other words, if you feed a lot of high-calorie treats, you need to subtract a few kibbles to make up the difference. Subtract too many dog food kibbles, however, and you will be depriving your dog of necessary nutrients. That would be like calculating the number of

calories in ice cream and deciding to cut out fruits, vegetables, and protein calories to make up for it.

You should also keep in mind that your dog's total caloric requirements might not reflect the feeding guidelines of your dog's food bag. My veterinarian, for instance, recommended feeding more than was advised by the food company to one of my dogs and significantly less to my other dog. For the most accurate estimate, talk to your veterinarian about your dog's [nutritional and caloric needs](#).



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## Choosing Healthy Treats

Now let's talk about [cheese](#). Note that cheese may not be the best treat for all dogs due to its high-calorie content; however, it makes a good example here.

One cube (one cubic inch) of cheddar cheese contains about 69 calories. That is about 5 percent of an 80-pound German Shepherd's daily intake. If fed sparingly, this is not necessarily a problem, but what about your 5-pound [Yorkshire Terrier](#)? What would a single cube of cheese do to him?

If your 5-pound Yorkie needs one-half cup of Hills Active Longevity a day, that is only a total of 182 calories. Ten percent of their diet is 18 calories. That one cube of cheese is nearly four times the amount of recommended calories: about the same as eating a Big Mac for us.

On the other hand, one-half cup of sliced [cucumbers](#) contains only 8 calories, and one medium-sized [carrot](#) contains only 25 calories. You can also consider using cooked [asparagus](#) and cooked [green beans](#) as low-calorie treats.

Looking at a cube of cheese is a great way to visualize why low-calorie treats are healthier options for your dog. If [vegetables](#) don't get your dog motivated, you can always look for a meat-flavored [training treat](#) with a low caloric content, or use your dog's food and just subtract what you feed as a treat from their total diet.

## Fighting Dog Obesity

Even if you don't count calories for your own diet, it is a good idea to be aware of the caloric content of the [human foods](#) or dog treats you might be tempted to feed your dog.

[Obesity](#) leads to canine health problems, such as joint disease, diabetes, and pancreatitis; we can lessen the likelihood of these problems occurring if we limit our dog's food intake.

It is also hard to adjust our thought process down to scale. For instance, I was very surprised to realize how many calories a single cube of cheese could add to a small dog's diet. Things that we might not think of as adding excessive calories, like cheese, [hot dogs](#), [rawhide chews](#), or scraps of meat can cause big problems over time.

The good news, however, is that by doing a little math, you, too, can estimate the maximum number of treat calories your dog should have each day and learn how to adjust their diet accordingly.

If your [dog is already overweight](#), talk to your veterinarian about the best weight loss plan for your dog, and the type and amount of treats that will be best suited to their needs.



## **USRVDTC REGULAR MEETING MINUTES**

Meeting Date February 15<sup>th</sup>, 2024

The regular monthly club meeting of the Upper Snake River Valley Dog Training Club was called to order by President, Nicki Bowden, at 7:12 p.m., on Thursday, February 15th, at Smitty's in Idaho Falls, ID.

### **Board Members Present:**

Lacey Moon Richard Brizzee Nicki Bowden Suzanne Belger Mira Johnson

### **Members Present:**

Phil Moon Shelly Bradshaw Jennifer Evans Cheryl Loomis Alicia Thompson Heike Vitacolonna LaDawn Moad Candace Christensen Lori Keele Christina Krieger Shelby Moad

### **Guests**

**Minutes of Previous Regular Meeting Read/Dispensed:** Printed in December newsletter

Motion by LaDawn Moad to accept minutes as printed in November newsletter.

Seconded by: Jennifer Evans

### **Report of the President:**

None

### **Report of the Vice President:**

None

### **Report of the Secretary:**

The 2024 Membership List was finished and emailed out.

### **Report of the Treasurer:**

YTD balance of \$108,021.36 and YTD net profit of \$4620.04. Reports filed with minutes and available via email if interested in viewing.

Audit committee met and everything was in good order. Our records were sent to the accountant.

We rolled CDs into new CDs with a higher interest rate. The other 2 CDs are expiring in March will be rolled over into those same 180 day CDs.

### **Report of Committees:**

**Classes:** Beginning 3/6/24 Wednesdays at the 4H Building. We'll have 2 Basic Obedience @5:45, Rally & Basic Obedience @6:45, Foundations 8:30. These classes are 8 weeks long and will end with CGC 5/1.

**Scent Work Trial:** Nicki waiting for the contract for the air soft arena for the 3/2 -3/3 trial. We still have a couple openings on Sunday but we're full otherwise. Nicki will put out an email to remind everyone to come help. Our June trial is scheduled, judges set and place booked.

**Winter Practice:** Nicki – Sundays noon to 2pm. You can sign up on the website if you'd like to come. Its \$15 per dog to drop in. This is a self-guided practice time but members will be there to help with questions. There are only 2 weeks left!

**Winter Agility:** Going well and just about finished up. Mondays at the Cowboy Warrior Arena (used to be Broken Bit Arena).

**Seminar:** Patty Biggins seminar is in 3/29 & 3/30 and we still have auditing positions left. This is a great seminar to help build relationships with your dogs.

**Agility Trial:** 4/12-4/14 at Wind River Arena. We're getting entries and premium closes 3/29. We'll set up Thursday 4/11. Need lots of volunteer.

### **Unfinished Business:**

**New Business:**

Suzanne – Standing Rule Changes –

These changes are mostly things we already do but we're trying to get the standing rules up-to-date. The changes have been attached to these minutes to be reviewed.

A lengthy discussion was had about why the changes were suggested.

LaDawn Moad made a motion to approve changes. Jennifer Evans seconded. They were voted on and passed.

Suzanne Belger – If you haven't paid your dues by now, you have to reapply for membership now.

Suzanne also made a motion to make Brian Meyers an honorary member because he does our website although he doesn't have a dog anymore. LaDawn Moad Second. Voted and passed.

Alicia Thompson – if someone wants to teach an agility class in May, please let Alicia know. Right now, we don't have a schedule put together for that class.

**Motion for Adjournment:** Phil Moon

**Seconded by:** LaDawn Moad

**Time Adjourned:** 7:43pm

## UPPER SNAKE RIVER VALLEY DOG TRAINING CLUB, INC.

### STANDING RULES

These Standing Rules implement the Club's Constitution and By-Laws and provide supplemental rules for performing the business of the Club. They are not intended to provide the detail found in the respective job descriptions. These Standing Rules are mandatory.

**SECTION 1. OFFICERS, BOARD OF DIRECTORS, AND AKC DELEGATE.** The following sections contain duties and responsibilities for the respective positions in addition to those prescribed in the By-Laws.

**1.1 PRESIDENT.** The President shall:

- (a) With the Board of Directors, appoint a chairperson for each committee. Appointments to standing committees normally occur at the January Board of Directors meeting following an informal selection meeting.
- (b) With the Board of Directors, prepare and approve an annual budget, to be presented to the Club membership at the next general meeting.
- (c) Supervise all committee chairpersons and officers to assure their jobs are being performed as required.

**1.2 VICE PRESIDENT.** The Vice President shall be the social director of the club. He/She shall:

- (a) Provide for the presentation of programs at Club meetings.
- (b) Plan the Club picnics, if held.
- (c) Plan the Club banquets (Awards, Agility, Obedience, and/or Tracking), if held.
- (d) Collect the secret uncounted ballots, determine the winner privately, and obtain a Club Member of the Year pin. (See Section 3.10(b) for nomination process.)
- (e) Send cards, restaurant gift certificates, and/or flowers to Club members when appropriate (i.e., serious illness or death of a Club member or immediate family as defined by AKC means husband, wife, father, mother, son, daughter, brother, sister, father-in-law, mother-in-law, son-in-law, daughter-in-law, brother-in-law, or sister-in-law). Cost should not exceed \$50.00 unless approved by the Board of Directors.

**1.3 SECRETARY.** The Secretary shall:

- (a) Maintain a current copy of these Standing Rules. Mail or deliver to Club members a copy of all revisions once a year.
- (b) Provide to membership candidates those documents as stated in Article I, Section 3 of the Club By-Laws.
- (c) Notify all Club members of Club's meeting time, date, and place at least 10 days prior to the meeting. Email referencing the time, date, and place of the meeting OR the fact that it is posted on the Club's website, OR published in the club's newsletter satisfies the requirement of written notification for members who



provide the secretary with an email address. If no email address is provided, then the written notice shall be mailed or delivered.

**1.4 TREASURER.** The Treasurer shall:

- (a) Facilitate Preparation of any income or other tax return for the year of his/her tenure in office if filing is required.
- (b) Maintain all account records to facilitate any auditing procedures required by the Club or by any taxing authority.
- (c) Maintain a paid membership list to be available at Club meetings.
- (d) Pay sales tax for the Club as it becomes due.
- (e) Buy trailer license(s) and pay the storage fee for the trailers as required.
- (f) Perform investment transactions as directed by the Board of Directors.
- (g) Open mail addressed to the club.
- (h) Enforce the Club's policy regarding insufficient fund checks.
- (i) Send monthly bills for debts due the Club.

**1.5 BOARD OF DIRECTORS.** The Board of Directors shall:

- (a) Appoint a chairperson for each standing committee. This is normally performed at the January meeting.
- (b) Provide instructions for the AKC Delegate, regarding actions to be taken on behalf of the Cub at AKC Delegate meetings, via the Delegate Liaison.
- (c) In November, select the Auditing Committee and name a chairperson. Not more than one committee member may be a member of the Board of Directors.
- (d) Assure that significant business and/or expenditures not considered the general management of the Club's affairs are brought before the Club membership. New initiatives would include, but are not limited to, arranging seminars, purchase of equipment not required to support the normal Club activities, significant changes in the conduct of Club activities/business, or any cost not directly associated with established Club activities.
- (e) Perform other business of the Club as approved or directed by the Club membership.
- (f) Monitor Club and committee expenditures for compliance with the established budgets of the Club.

**1.6 AKC DELEGATE.** Communication between the Club and the AKC Delegate shall be through the Delegate Liaison. The Delegate shall:

- (a) Inform the Liaison of pertinent business to be conducted at the next AKC Delegates meeting.
- (b) Inform the Liaison of actions taken at the meeting just concluded.
- (c) Recommend meeting attendance when actions important to the Club are on the agenda.
- (d) Inform the Liaison of his/her funding requirements. Quarterly expenses shall not exceed \$300 unless approved by the Board of Directors.

- (e) Provide the Liaison with an expense statement and available receipts of expenses incurred on behalf of the Club.
- (f) Vote as instructed by the Club and use his/her discretion in voting on issues where no specific instruction has been received.

**SECTION 2. COMMITTEES.** The Board of Directors shall appoint committee chairpersons and these shall always be subject to the final authority of the Board of Directors. None of the committees are mandatory except as stated in the Club's Constitution and By-Laws. If appointed, the responsibilities described herein are mandatory.

**2.1 STANDING COMMITTEES.** A Standing Committee is a committee appointed to advance the work of the Club, and would normally serve the Club for the fiscal year. The chairperson shall provide verbal reports of the status of his/her committee at appropriate Club meetings.

- (a) **Obedience Training Director** – this committee, consisting of one or more Club members, shall be responsible for the Club's obedience/rally training program. He/She shall secure sites for both winter and summer obedience/rally training classes, obtain qualified instructors and assistants for the classes, and obtain the obedience training equipment required by the Club. The Obedience Training Director shall be responsible for scheduling club obedience/rally practices and securing sites for such practices. The Obedience Training Director shall coordinate with the Obedience Equipment Director to ensure that obedience/rally equipment is in good condition and new equipment is ordered/constructed as is needed.
- (b) **Agility Training Director** – this committee, consisting of one or more Club members, shall be responsible for the Club's agility training program. He/She shall secure sites for agility training classes, obtain qualified instructors and assistants for the classes, and obtain the agility training equipment required by the Club. The Agility Training Director shall be responsible for scheduling club agility practices and securing sites for such practices. The Agility Training Director shall coordinate with the Agility Equipment Director to ensure that agility equipment is in good condition and new equipment is ordered/constructed as need.
- (c) **Scent Work Training Director** – this committee, consisting of one or more Club members, shall be responsible for the Club's scent work training program. He/She shall secure sites for scentwork training classes, obtain qualified instructors and assistants for the classes, and obtain the scent work training equipment required by the Club. The Scent Work Training Director shall be responsible for scheduling club scent work practices and securing sites for such practices. The Scent Work Training Director shall ensure that scent work equipment is in good condition and new equipment is ordered/constructed as needed.
- (d) **Tracking Training Director** – this committee, consisting of one or more Club members, shall be responsible for the Club's tracking training program. He/She shall order the tracking training equipment required, secure a site for the classes, and obtain qualified instructors. The Tracking Training Director shall coordinate with the Obedience/Tracking Equipment Director to ensure that tracking equipment is in good condition and new equipment is ordered, constructed as needed.

- (e) **Obedience/Rally Trial Chairperson** – this committee, consisting of one or more Club members, shall have primary responsibility for the Club's obedience trials. The Obedience/Rally Trial Chairperson shall hire judges, set trial dates, secure a site for the trial, arrange for a grounds chairperson, coordinate with other committees as required, and assure the Obedience/Rally Trial Secretary has the information necessary to perform the duties of his/her position.
- (f) **Obedience/Rally Trial Secretary** – this position need not be filled by a Club Member. The position of Obedience/Rally Trial Secretary shall be chosen by the Board based upon a comparison among licensed trial secretaries. Obedience/Rally Trial Secretary shall enter into a written contract for the period of two years at which time it may be reevaluated by the Board. Obedience Rally Trial Secretary shall provide a detailed invoice at the completion of each trial. The Obedience/Rally Trial Secretary shall perform all duties as prescribed in the AKC Red Book, *Show/Trial Manual, A Guide for Planning AKC Dog Shows and Obedience Trials*.
- (g) **Scent Work Trial Chairperson** – this committee, consisting of one or more Club members, shall have primary responsibility for the Club's scent work trials. The Scent Work Trial Chairperson shall hire judges, set trial dates, secure a site for the trial, arrange for a ground's chairman, coordinate with other committees as required, and assure the Scent Work Trial Secretary has the information necessary to perform the duties of his/her position.
- (h) **Scent Work Trial Secretary** –this position need not be filled by a Club Member. The position of Scent Work Trial Secretary shall be chosen by the Board based upon a comparison among licensed trial secretaries. Scent Work Trial Secretary shall enter into a written contract for the period of two years at which time it may be reevaluated by the Board. Scent Work Trial Secretary shall provide a detailed invoice at the completion of each trial. The Scent Work Trial Secretary shall perform all duties as prescribed in the AKC Red Book, *Show/Trial Manual, A Guide for Planning AKC Dog Shows and Scent Work Trials*.
- (i) **Tracking Test Chairperson (TD, TDX, VST)** – this committee, consisting of one or more Club members, shall have primary responsibility for the Club's tracking tests. The Tracking Test Chairperson shall set dates, hire judges, secure a site for the tracking test, prepare a map of the site for judges, obtain track layers, maintain an adequate supply of stakes and articles, coordinate with other committees as required, and assure the Tracking Test Secretary has the information necessary to perform the duties of his/her position.
- (j) **Tracking Test Secretary** – this position need not be filled by a Club member unless combined with the Tracking Test Chairperson. A request for volunteers will be made at the beginning of each year. If no volunteers are available, the position of Tracking Test Secretary will be opened to bids. Secretaries will enter into a detailed contract and agree to provide a detailed invoice. The Tracking Test Secretary shall perform all duties as prescribed in the AKC Red Book, *Show/Trial Manual, A Guide for Planning AKC Dog Shows and Obedience Trials*.
- (k) **Agility Trial Chairperson** – this committee, consisting of one or more Club members, shall have primary responsibility for the Club's agility trials. The Agility Trial Chairperson shall hire judges, set trial dates, secure a site for the trial, arrange for a ground's chairman, coordinate with other committees as required, and assure

the Agility Trial Secretary has the information necessary to perform the duties of his/her position.

- (l) **Agility Trial Secretary** – this position need not be filled by a Club Member. The position of Agility Trial Secretary shall be chosen by the Board based upon a comparison among licensed trial secretaries. Agility Trial Secretary shall enter into a written contract for the period of two years at which time it may be reevaluated by the Board. Agility Trial Secretary shall provide a detailed invoice at the completion of each trial. The Agility Trial Secretary shall perform all duties as prescribed in the *AKC Agility Trial Manual*.
- (m) **Newsletter Committee** – this committee, consisting of one or more Club members, shall be responsible for preparing and mailing a newsletter to each Club member. The mailing may be by email or posting to the Club's website. Members that do not provide an email address to the secretary shall receive the newsletter by delivery or mail. If the newsletter is used for member notification as outlined in Section 3.7 herein, it must meet the requirements of that notification.
- (n) **Publicity** – this committee, consisting of one or more Club members, shall be responsible for the publicity relating to the Club.
- (o) **Demonstration and Public Education Committee** – this committee, consisting of one or more Club members, shall be responsible for demonstrations, and public education relating to the Club.
- (p) **Historian** – this committee, consisting of one or more Club members shall be responsible for keeping a written/pictorial history of the Club's activities for the year.
- (q) **Trailer Committee** – this committee, consisting of one or more Club members, shall be responsible for maintaining the Club's trailers and providing space in the trailers to adequately hold and transport the contents. The committee shall obtain storage space for the trailers and assure the trailers arrive at Club functions as required.
- (r) **Video Tape Librarian/Camera Committee** – this committee, consisting of one or more Club members, shall be responsible for maintaining the Club's video tape library and for maintaining the Club's video camera and accessories.
- (s) **Delegate Liaison** – this committee, consisting of one or more Club members shall serve as the direct contact between the AKC Delegate and the Club, and shall keep a current file of Delegate correspondence and pertinent records of actions taken. The Delegate Liaison shall assure that the items listed under Section 1.6 herein are obtained and brought before the Board of Directors. He/she shall provide instructions to the Delegate as directed by the Board of Directors and forward funds from the Club.
- (t) **Canine Good Citizen Committee** – this committee, consisting of one or more Club members shall be responsible for conducting the Canine Good Citizen testing.
- (u) **Obedience/Tracking Equipment Director** – this committee, consisting of one or more Club members shall be responsible for keeping all obedience, tracking, and miscellaneous equipment in good condition and ordering/constructing equipment. He/she will coordinate with the Obedience Training director and Tracking Training Director to obtain required training equipment for the Club.
- (v) **Agility Equipment Director** – this committee, consisting of one or more Club members shall be responsible for keeping all agility equipment in good condition

and ordering/constructing equipment. He/she will coordinate with the Agility Training Director to obtain required training equipment for the Club.

**2.2 SPECIAL COMMITTEES.** These committees exist as required/determined by the Board of Directors.

- (a) **Auditing Committee** – shall consist of three Club members, including one member of the Board of Directors. This committee shall examine the records of the Treasurer at the end of each year and report their findings to the Board of Directors at the meeting in January.
- (b) **Nominating Committee** – this committee is described in Article V, Section 4(a) through (d) of the Club By-Laws. Additionally, the committee shall nominate qualified candidates for the respective offices.
- (c) **Trial/Test Committee(s)** – shall be selected by the respective chairperson of the Trial/Test. These committees shall use their authority in accordance with Chapter 5, *Rules Applying to Registration and Discipline*; Chapter 1, Section 5 and Chapter 2, Sections 28 and 29, *AKC Obedience Regulations*; Chapter 1, Section 2, *Tracking Regulations*; and Chapter 1, Section 8, *Regulations for Agility Trials*, to deal with any misconduct that may occur in connection with a respective Trial/Test. *The Guide for Bench Shows and Obedience Trial Committees: Dealing with Misconduct at Dog Shows and Obedience Trials* shall be used as a reference and guide. Members of the Trial/Test Committee(s) must attempt to attend the respective Trial/Test.
- (d) **Match Chairperson** – this committee, consisting of one or more Club members, shall be responsible for the Club's sanctioned/nonsanctioned match(es), whether obedience, rally, agility, or tracking. He/She shall secure judges, secure a site, and prepare and mail premium lists for the respective matches. He/She shall submit any required report to the AKC after the respective match. The respective match chairperson shall perform the duties as prescribed in the *AKC Match Regulations*.

**2.3 RESPONSIBILITIES OF COMMITTEES.** Each committee chairperson shall be responsible for:

- (a) performing all activities as stated in the respective job description.
- (b) reporting the status of committee activities to the Board of Directors and Club membership as requested and at Club meetings.
- (c) monitoring and managing expenditures for the year and obtaining Board of Directors approval before spending more than budgeted.
- (d) selecting all committee members and attempting to include new Club members.
- (e) assisting the Board of Directors in finding a replacement in the event he/she is unable to fulfill his/her responsibilities.
- (f) updating and delivering his/her job description at the end of the fiscal year to the Board of Directors.
- (g) take necessary actions to eliminate risk to persons, dogs, and property in the activity they are chairing. Section 3.12 Limiting Risk of these Standing Rules states the Club policy.

### **SECTION 3. CLUB POLICIES.**

**3.0 MEMBERSHIP.** Regular, Family, and Junior membership shall be for persons desiring to take part in Club business and/or activities. Regular and Family members whose dues are paid shall have full voting privileges. Candidates applying for membership shall meet all of the following requirements:

- (a) in good standing with the American Kennel Club.
- (b) subscribes to the objectives of the Club as defined in the Club Constitution, Article I, Section 2.
- (c) has completed the Club's basic obedience, agility, or tracking training course, or the equivalent elsewhere; or has successfully trained a dog in obedience, agility, or tracking as evidenced by at least one qualifying (passing) score in an AKC Obedience Trial, Agility Trial, or Tracking Test. (This requirement applies to one designated voter only in the case of a family membership.)

A Regular Membership is for persons 18 years or older. A Regular Member can vote and hold office. A Regular membership shall NOT automatically (with additional payment) be granted Family Membership status. This change must be voted on by the Club membership.

A Family Membership is limited to spouse, son, daughter, sibling, or parent living at the same address. Family Membership is limited to two designated voters which are family members that are 18 years or older. No more than two adult family members may hold Club offices at any one time.

A Junior Membership is for persons 10-17 years of age and shall be voted on by the Club membership. A Junior member cannot vote or hold office. A Junior member may update to Regular Membership by completing an application form and paying annual dues after he/she turns 18 years of age. In order to attend Club functions and training activities, a junior must have a Junior Membership or be covered under a Family Membership.

An Honorary Member shall be a person who is in good standing with The American Kennel Club, and who is approved by the Club membership as deserving of the status. An Honorary Member has no voting rights and cannot hold office. An Honorary Member may update to Regular Membership, if qualified, by completing an application form and paying annual dues.

Application for membership shall be made per Article 1, Section 3, of the By-Laws. Dues included with membership applications approved after November 1 shall be credited to the following year.

A Club member in good standing:

- 1. has no delinquent debt to the Club.
- 2. is current on dues.
- 3. is not under suspension by the Club under Article VII of the By-Laws.

- 3.1 DUES.** Annual dues shall be payable on or before January 1 of each year. These dues are not refundable. Dues not paid by January 31 are considered delinquent and membership is considered lapsed. If membership lapses application for new membership is required. At present, the dues are:
- (a) Regular Membership - \$15.00.
  - (b) Family Membership (two designated voters) - \$20.00.
  - (c) Junior Membership - \$10.00.
  - (d) Honorary Membership (to be valid until revoked by the Club membership) – Dues waived.
- 3.2 TRAINING FEES.** A training fee will be charged for each dog taking part in any training class. The amount of the fee shall be determined by the Board of Directors. All applications for training classes must be accompanied by full payment at the time application is made. If someone cancels their registration, there will be a cancellation/processing fee which will be deducted from the refund. Cancellation fee will be \$20.00. If cancelled 14 days or less before start of class, cancellation fee will be \$25. NO refunds will be given if cancelled 7 days or less before the start of class. The Training Director may deviate from this policy for meritorious situations. At present, the training fees are:
- (a) Non-club member, one dog in obedience, rally, scent work or tracking- \$100.00; in agility \$125.00.
  - (b) Non-club member, two dogs of the same household will receive a \$15 discount from the regular fee for the second dog (fee for 2<sup>nd</sup> dog in obedience, rally, scent work or tracking is \$85.00; in agility - \$110.00).
  - (c) Senior citizen fee in obedience, rally, scent work or tracking- \$80.00; in agility \$105.00 per dog handled by a senior.
  - (d) Dog adopted from Humane Society or Animal Shelter (must show adoption papers, and reduced price is for first time through obedience classes only) - \$65.00.
  - (e) Active Club Member in good standing – no charge for dogs owned or co-owned by member. Inactive Club Member in good standing – one-half the regular class fee. To be considered active, a Club member must submit self-certification twice yearly (January and July) via [USRVDTC.org](http://USRVDTC.org). Attend 1 club meeting each certification period and complete at least one of the following each certification period:
    - a. Instruct or assist in a training class
    - b. Serve as club officer or committee chairperson
    - c. Steward a minimum of four hours
  - (f) If an active member registers for a session of classes and does not attend the majority of that session, they will be waitlisted the next session they register for and allowed to register and attend that session of classes only if spots remain unfilled.

The board may waive the above requirements in meritorious situations.



**3.3 TEST AND TRIAL FEES.** The entry fees for the respective tests and trials will be set by the Board of Directors. At present these fees are:

- (a) Canine Good Citizen - \$25.00. The fee is not applicable to dogs owned or co-owned by Club members or to dogs enrolled in a current obedience training class. Canine Good Citizen Advanced - \$50.00. The fee is not applicable to dogs owned or co-owned by Club Members. Canine Good Citizen Urban - \$75.00. The fee is not applicable to dogs owned or co-owned by Club Members.
- (b) Tracking Test entry fee - \$100.00.
- (c) Tracking Test Urban entry fee - \$100.00.
- (d) Tracking Test Excellent entry fee - \$150.00.
- (e) VST Test entry fee - \$150.00.
- (f) Obedience Trial regular class entry fee - \$21.00. Each additional class, same dog, same day - \$13.00. Brace and Team Entry fee - \$10.00. All other non-regular class entry fee - \$10.00.
- (g) Agility Trial first entry fee - \$21.00. Additional entry, same dog, same day - \$13.00.
- (h) Rally Class entry fee - \$21.00. Additional entry, same dog, same day - \$13.00.
- (i) Scentwork Class entry fee - \$21.00. Additional entry, same dog, same day - \$13.00.

**3.4 INSURANCE AND CONTRACTS.** It is the intent of the Club to protect itself from liability through insurance. It is not the intent of the Club to become a rental agency with regard to its equipment. In the event the Club desires to allow another entity to use or rent any such equipment, the Club shall require that insurance be provided, and a written contract be signed as provided hereafter. Any entity using or renting Club equipment shall provide proof of adequate insurance to the Club prior to the use of any Club equipment. Said entity shall also be required to sign a written contract agreeing to provide adequate insurance, to repair or replace any damaged equipment, and to hold the Club, its officers, and members harmless from any liability resulting from the use or rental of the Club equipment.

**3.5 INSUFFICIENT FUNDS CHECKS.** All returned checks shall be charged at \$20.00 fee. Anyone with two checks returned for insufficient funds will be put on a cash-only basis.

**3.6 ACCOUNTS RECEIVABLE.** Debts are considered delinquent two months after the first billing. Debts existing six months after the first billing shall be presented to the Board of Directors for action.

**3.7 CHECK SIGNATURES.** Checks written for payment of the Club expenditures shall be signed by one of three board members authorized by the bank and one other board member. Each month at least one board member shall audit the bank statement.

**3.8 PURCHASE AND SALE OF CLUB SUPPLIES AND EQUIPMENT.** Club memorabilia shall be ordered and distributed as directed by the Board of Directors. Equipment shall be ordered as required by the respective training directors. Equipment for resale shall be paid for at the time it is presented to the purchaser.

**3.9 CHARITABLE CONTRIBUTIONS.** The Club may consider contributions to an organization(s) devoted to alleviation of a canine problem, to research problems/diseases in pure bred dogs, for educational or legislative activities on behalf of

exhibitor/breeder/fancier, to a civic organization, or individual, in need of the Club's support.

**3.10 AWARDS.** Awards shall be made at the Awards Banquet to Active Club members:

- (a) who obtained Obedience, Tracking, Rally, Agility, Scent Work titles during the year. (CGC and Trick Dog Titles can be added to the plaque or hanger once another AKC Title has been earned.)
- (b) Club Member of the Year Award. This award is for a member who has done something outstanding for the Club during the preceding year. Nominations are required for consideration and must be made by a member in good standing. The nominations must be submitted to the Newsletter Editor no later than the deadline for the November issue for publication in the November newsletter. Club Member of the Year award will be voted on by the members attending the November meeting.

**3.11 NOTIFICATION TO CLUB MEMBERS.** Those written notifications required by the Constitution and By-Laws and these Standing Rules, may be satisfied by being included in the newsletter, email, or email referencing the Club's website, provided it meets the requirements of the respective notification. Members that do not provide an email address to the secretary shall receive the newsletter by delivery or mail. The Sections concerning notification from the By-Laws include Article I, Section 2; Article III, Sections 1-3; Article V, Section 4(b); Article VIII, Section 1; and Section 1.3(a) from these Standing Rules.

**3.12 LIMITING RISK.** The Club will conduct its activities in a manner that limits the risk of personal injury, injury to dogs, and/or property damage to a reasonable level for the activity involved. Committee chairpersons have the responsibility and authority to stop or limit any activity or to remove or otherwise contain any person, dog, or equipment that does not meet this criteria. If the action of the committee chairperson would result in the loss of paid training or seminar attendance, the chairperson may consider refunding the unused portion of the payment. The chairperson may consult with any or all members of the Board of Directors for assistance in implementing this policy. Such consultation shall not be construed as a Special Board Meeting per Article III, Section 4 of the By-Laws. In some cases, a Special Board Meeting may be appropriate to determine the permanent action to be taken, in which case the chairperson should implement temporary action to limit or eliminate the risk.

**3.13 AGILITY EQUIPMENT LENDING POLICY.** Club members may borrow non competition agility equipment under the following conditions:

- (a) pay a \$25.00 refundable deposit.
- (b) have taken an Agility class.
- (c) return the equipment in the same condition as they received it.
- (d) return the equipment to the Agility Training Director or Agility Equipment Manager. The equipment may not be passed on to anyone else.

The time period that the Member may keep the equipment will be assigned by the Agility Training Director or Agility Equipment Manager but will not be for more than two weeks.

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If the equipment is damaged, the Member will be required to repair the equipment, pay for the repairs, or pay for replacement. If these conditions are not met, the deposit will not be refunded.

**SECTION 4. CHANGES TO THE STANDING RULES.** These Standing Rules may be revised at any regular Club meeting by a simple majority of those voting.